



SAFETY FIRST
TRAINING TO A "T"

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American Heart Association (AHA) Heartsaver (HS) Provider CPR/AED Course

This course provides the necessary knowledge and skills to save a life, in short, emphasizing 911, providing CPR and utilizing an AED generally in any community or workplace setting. The areas that **can be** covered include:

- Establishment of the Real Purpose of CPR
- Three Most Common Myths of CPR
- Adult/Child/Infant CPR/AED with One Rescuer
- Adult/Child/Infant FBAO (Foreign Body Airway Obstruction aka Choking)
- Adult/Child/Infant BDU (Barrier Device Use)

This course is approximately 3-4 hours in length and students will receive handouts highlighting key points of the class and their AHA HS CPR/AED Provider Certification Card upon successful completion of the course.